



## DINGHY INSTRUCTION COURSES

**Learn to sail a Dinghy with Jolly Harbour Yacht Club!**

Courses are run every Sunday morning. For beginners we run a 6 week 'introduction' course.

The training takes place on North Beach Jolly Harbour and starts at 9.30am. North Beach is a perfect location for learning to sail – calm, shallow waters and little interference from other boat users! You will be taught the basics in one of our 'Sport 16' dinghies, and when you are confident enough you will be shown how to manage a Laser dinghy single handed.

We do not have any facilities for changing or showering on the beach so wear comfortable clothing that you do not mind getting wet in! Also, you will need to bring something to drink and a snack for mid-morning to keep up your energy!

These courses are run to raise funds and cover the costs of our Youth Sailing Programme – Teaching young Antiguans aged between 8 and 18 to sail for

FREE. This project has been proving very popular, and we hope that some of our students will be moving on to be coached by Carl James at the AYC – and possibly on to represent their country at International level.

## PRICES

JHYC Members – Juniors (Age 8 - 18) ec\$30 per week

Adults ec\$50 per week

Junior 6 week course ec\$180

Adult 6 week course ec\$300

Non-Members Juniors (Age 8 – 18) ec\$50 per week

Adults ec\$75 per week

Junior 6 week course ec\$300

Adult 6 week course ec\$450

JHYC Junior membership is just ec\$50 per year, and Adult membership just ec\$150 per year. If you are a non-member, keen to join the course, why not join the Yacht Club too – we have several social events in Jolly Harbour every year, and members often get special rates!

To Register for the courses or for further information contact

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